

# Confirmation Name Selection

A Confirmation name signifies that you are in the process of answering God's call, and it can reflect a desire to model yourself after the person or saint whose name you have chosen. Even if you have chosen a Confirmation name in the recognition of a significant person in your life, or your own first or middle name, you should still research that name.

Check out a write up on St. Anne. Share what you find out about her with your sponsor.

## *Some frequently asked questions:*

### **Why should I choose the name of a saint?**

Our parish has a long tradition of asking Confirmation candidates to choose a saint's name. The Catholic Church celebrates the lives of thousands of official saints because they are role models to us, as well as brothers and sisters with us in the Body of Christ.

At St. Anne's, we include these chosen saints' names in a sung prayer in the Confirmation liturgy, and ask these particular "patron saints" to pray for the Confirmation candidates.

### **Can I use my first or middle name as my Confirmation name?**

Yes. Many parishes suggest that candidates use their given baptismal name for their Confirmation name, to emphasize the connection between Baptism and Confirmation. This is a very fine tradition, and is a very good option especially if your first or middle name is already the name of an official saint.

Another possible option would be to choose a virtue that you aspire to (Charity, Peace, Hope, Faith, etc.). Note that your catechist and/or sponsor is likely to still require you to research an official saint and explain why that saint is a good role model.

### **How can I learn about the saints so I can choose an appropriate name?**

You can go on [www.catholiconline.com](http://www.catholiconline.com) to look up a saint name and their history. Also on pages 388 to 398 in your Catholic Faith Handbook the saints are listed by their causes i.e., animals-Francis of Assisi. Check out books on saints in your local Library or see your catechist or Joan Mattila.

### **When is my Confirmation name due?**

Please choose your Confirmation name and complete the 2015 Confirmation Candidate Information Form by no later than our **March 8<sup>th</sup> class session**. You can also mail it to:

Joan Mattila/Confirmation Program  
75 King Street  
Littleton, MA 01460